



DOVE Molten Lava Chocolate Cruffins  
RECIPE

## DOVE Molten Lava Chocolate Cruffins



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TIME

25 minutes

INGREDIENTS

10 items

MAKES

12 servings

A mash-up of buttery croissant in muffin form, this cruffin is mini in size but massive on flavor, prepared with a speedy French dough for an incredible bite-size pastry.

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## INGREDIENTS

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## INGREDIENTS

Cruffins:

- 3/4 cup warm water
- 2 tbsp granulated sugar
- 2 1/4 tsp active dry yeast
- 1 cup all-purpose flour, plus more for rolling
- 1 cup bread flour
- 1/4 tsp salt
- 4 tsp cold unsalted butter, cubed
- 6 tbsp unsalted butter, softened, divided
- 24 DOVE PROMISES® Molten Lava Chocolate, divided

Cinnamon Sugar:

- 2 tbsp granulated sugar
- 1/2 tsp ground cinnamon

## INSTRUCTIONS

1. In bowl of stand mixer, combine warm water, sugar and yeast. Let stand for 8 to 10 minutes or until foamy.
2. Fitted with dough hook and set on low speed, mix in all-purpose flour, bread flour and salt until blended. Add cold butter, increase speed to medium and beat for 8 to 10 minutes or until butter is completely incorporated. Transfer dough to medium bowl lightly dusted with all-purpose flour. Cover with plastic wrap; let rise at room temperature for 1 hour or until doubled in volume.
3. Transfer dough to work surface dusted lightly with all-purpose flour. Roll out to 11 x 7-inch rectangle, about 1/4 inch thick. Spread 2 tbsp softened butter over dough. Cut

lengthwise into 3 even strips. Stack strips, butter side up, on top of each other.

4. 4.

Fold dough like a business letter by folding top third of dough over center, then the bottom third over top of that. Wrap dough in plastic wrap and refrigerate for 20 minutes.

5. 5.

Repeat process of rolling out dough into a rectangle, spreading with softened butter, cutting, stacking, folding and chilling 2 more times. While dough is chilling for the final time, chop 12 DOVE PROMISES® Molten Lava Chocolate. Transfer to small saucepan set over medium-low heat; stir until smooth and melted. Let cool to room temperature.

6. 6.

Preheat oven to 350°F. Grease 12 muffin cups.

7. 7.

Roll dough out to same large rectangle about 1/4 inch thick and spread evenly with melted PROMISES®. Cut dough lengthwise into 12 long even strips. Fold each strip in half lengthways, then roll up into a tight spiral. Transfer spirals, cut side up, to prepared muffin cups. Cover with plastic wrap and let rise for 25 to 30 minutes or until doubled in volume.

8. 8.

Bake for 18 to 20 minutes or until golden brown. Let cool for 3 minutes on wire rack.

9. 9.

Cinnamon Sugar: 1. Meanwhile, in small bowl, stir together sugar and cinnamon.

Sprinkle over warm cruffins, then garnish each with a whole remaining DOVE PROMISE® Molten Lava Chocolate and let cool completely before serving. Tip:

Substitute cinnamon sugar with a simple dusting of confectioners' (icing) sugar or vanilla-flavored confectioners' (icing) sugar if preferred.

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Cooking time

40 minutes

Ingredients

14 items

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### [DOVE Dark Chocolate Covered Candied Orange Peel](#)

Cooking time

45

Ingredients

3 items

[SEE DETAILS](#)



## **MINI ESPRESSO MOLTEN LAVA CAKES**

Cooking time

10 mins

Ingredients

9 items

[SEE DETAILS](#)



## **Dove Promises Shaken Latte**

Cooking time

15 minutes

Ingredients

6 items

[SEE DETAILS](#)

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